DOI: 10.2174/0118743064372550250603061720, 2025, 19, e18743064372550

RESEARCH ARTICLE

GLP-1 Agonists and the Risk of Pulmonary Aspiration during Elective Upper Endoscopy: A Systematic Review and Meta-analysis

Praveen Reddy Elmati¹, Gowthami Sai Kogilathota Jagirdhar², Rakhtan K. Qasba³, Andres Perez⁴, Ruman K. Qasba⁵, Yatinder Bains⁶, Mehul Shah⁷, and Salim Surani^{8,*}

¹Department of Anesthesiology, Saint Clare's Hospital, Dover, NJ, 07081, USA

²Department of Gastroenterology, Saint Michaels Medical Center Newark, NJ, 07104, USA

³Department of Medicine, Green Life Medical College and Hospital, Dhaka, Bangladesh;

⁴Department of Medicine, Saint Francis Health Systems, Tulsa, NJ, USA

⁵Department of Medicine, Sher-i-Kashmir institute of medical sciences, Srinagar, Jammu and Kashmir;

⁶Department of Gastroenterology, Saint Michaels Medical Center, Newark, NJ, USA

⁷Department of Gastroenterology, Saint Michaels Medical Center Newark, NJ, 07104, USA

⁸Department of Medicine & Pharmacology, Texas A&M University, College Station, TX 77843, USA

 $\ensuremath{\mathbb{C}}$ 2025 The Author(s). Published by Bentham Open.

This is an open access article distributed under the terms of the Creative Commons Attribution 4.0 International Public License (CC-BY 4.0), a copy of which is available at: https://creativecommons.org/licenses/by/4.0/legalcode. This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

* Address correspondence to this author Department of Medicine & Pharmacology, Texas A&M University, College Station, TX 77843, USA; E-mail: srsurani@hotmail.com

Cite as: Elmati P, Jagirdhar G, Qasba R, Perez A, Qasba R, Bains Y, Shah M, Surani S. GLP-1 Agonists and the Risk of Pulmonary Aspiration during Elective Upper Endoscopy: A Systematic Review and Meta-analysis. Open Respir Med J, 2025; 19: e18743064372550. http://dx.doi.org/10.2174/0118743064372550250603061720



Received: December 26, 2024 Revised: April 12, 2025 Accepted: April 30, 2025 Published: ?? ??, 2025



Send Orders for Reprints to reprints@benthamscience.net



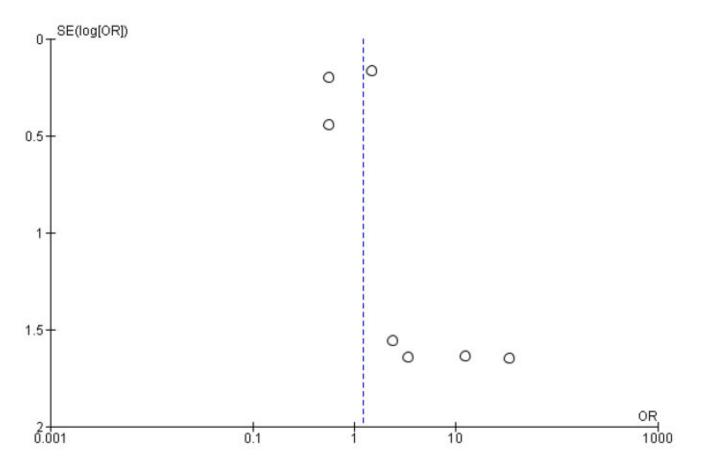


Fig. (S1). Publication Bias for Pulmonary aspiration in patients on GLP1 agonists and Placebo Meta-analysis (A higher resolution / colour version of this figure is available in the electronic copy of the article).

Does the case report provide bisconsy lessons?		`	×	`	`
Were advense events (harms) or unanticipated events identified and described?	,	`	`	`	`
Was there use of concurrent controls	-	`	`	`	`
Was the post- intervention clinical condition dearly described?		`	`	~	`
Was the intervention(s) or intervention(s) or treatment procedure(s) clearly described?	,	`	`	`	`
Were the definitions, Induston and acoustion criteria, algorithms or presense used to defitly or stelet cases and or stelet, and implemented constrends participants participants	,	,	`	`	`
Were diagnostic tosts of assessment methods and the treadls chardy described?		`	`	`	~
Was the current clinical condition of the patient on presentation dearly described?		`	`	×	`
Was the patient's history clearly described and presented as a timeline?	`	`	`	`	`
Were patient's demographic characteristics clearly described?	-	,	`	`	`
Author	Fujino	Gulak	Kein	Queiroz	Avraham

Fig. (S2). Quality assessment of the studies based on the Joanna Briggs Institute (JBI) critical appraisal checklist for case reports. (A higher resolution / colour version of this figure is available in the electronic copy of the article).

Rear long potential conformation conformation conformation conformation and adjacent and adjacent and adjacent and adjacent and adjacent and adjacent and adjacent and adjacent adjacen	×	× /	× /	× /	×	×	/ ×	×	×	×	/ ×
Were the cattorne Were the cattorne to the appostre up after status of 20% participants	×	×	×	×	×	×	×	×	×	×	×
Were the outcome measures dearly defined, vald, reliable, and implemented articipants participants		`	`	`	,	`	`	`	`	,	`
Was the exposure (s) assessed more than once ever time	×	×	×	×	×	×	×	×	×	×	×
Were the exposure measures clearly defined, valid, reliable, and implemented consistently across all study participants	•	1	1	1	`	`	1	`	1	1	1
Did the study examine different kevels of the espoure as related to the outcome	×	×	×	1	1	1		1	1	1	'
Was the timeframe adficient so that one could reasonably expect reasonably expect association between exposure and outcome	`	'	`	`	`	`	`	`	1	1	'
Were the argosure (s) of interest measured prior to the autoome(s) being measured		`	`	1	1	•	•	×	×	×	1
Was a sample size jentification, power description, or variance and effect entimules provided	×	`	×	×	×	'	×	'	`	1	×
Nor al the subjects selected or certited from the same or similar populations	,	`	`	`	1	`	`	`	`	1	×
Nas partoipation rate el eligible person at leaet S/N	,	1	`	1	1	1	1	1	1	1	1
Was the study population clearly specified and defined	`	`	`	`	`	`	•	`	`	1	`
Was the research question clearly stated	,	`	`	,	`	`	`	`	`	`	'
Author, years	Anazco, 2023	Barlowe, 2024	Firkins, 2024	Gazabfar, 2024	Kumar, 2024	Maselli, 2024	Nadeem, 2024	Silveira, 2023	Wu, 2024	Yeo	Zaffar, 2024

Fig. (S3). Quality assessment of the studies based on the National Institute of health quality appraisal tool for cohort and cross-sectional studies. (A higher resolution / colour version of this figure is available in the electronic copy of the article).



Fig. (S4). Quality assessment of the studies based on the National Institute of health quality appraisal tool for Case control studies. (A higher resolution / colour version of this figure is available in the electronic copy of the article).

DISCLAIMER: The above article has been published, as is, ahead-of-print, to provide early visibility but is not the final version. Major publication processes like copyediting, proofing, typesetting and further review are still to be done and may lead to changes in the final published version, if it is eventually published. All legal disclaimers that apply to the final published article also apply to this ahead-of-print version.